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REMEMBER TO BREATHE



Synopsis

This inspirational true life story has it all; Suspense, Murder, Revenge, Inspiration, Success, Education, and how to discern bisexual behavior (often referred to as the 'Down Low'). You will feel many emotions and at the end you will feel strengthened and empowered. A resilient, resourceful, unconquerable Spirit. This Spirit that resides in Dawn Breedon strengthens her to triumph over adversities and has pulled her through gut wrenching emotional pain. As she rises above being stigmatized, ostracized, and held up for public scrutiny, she boldly and unashamedly shares intimate details of her life. If we could all be this honest and open, the world wouldn't have to be racked with unnecessary shame and the haunting secrets that debilitate so many lives. If you are going through or have gone through shame, emotional pain, grief or just need inspiration, as you read this book you will start to believe and know you can make it through anything. Dawn shares the skills she used that helped her get back on the road to finding and fulfilling her purpose. If you need a powerful example of survival, you must meet Dawn.

Book Information

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Customer Reviews

Dawn tells her story with so much honesty, passion and truth its amazing!! I was captivated by each and every word. This is a success story of the highest magnitude. It speaks SO much to the strength of the human spirit and most importantly the undeniable favor granted on those who are touched by the hand Of God himself!! I was rivoted, moved to tears and at the end both applauding her courage and cheering her on!! Her will not only to survive but to thrive is TRULY an inspiration!

She let's all readers know that no matter what life throws your way in no way should you allow circumstances (no matter how tragic) to dictate your life outcomes!! She is a champion in spirit. She truly gave me an AHA moment!! This is truly one of the best books I have had the pleasure to read
Kathy P., MHS Lincoln University Alumni

Faith is the substance of Dawn Breedon's book; and evidence of God's protection in what is the worst of times. No, rhetoric here, her story and "can't put the book down" details are real, and gut wrenchingly honest. She openly shares her darkest moments so others can see God's wonderful light of protection, and gain the strength to move on and breathe when unimaginable circumstances seem like they could take all your breath away - forever.

This book is an account of one woman's experience. However so much of the story was my own experience. It was an emotional journey that I could not wait to read each day. I eagerly anticipate a follow up story just to see how things are going. I recommend this book to both men and women. This book would also be of great value to high school and college students.

Remember to Breathe is a book all women should read as a guide to educate and protect themselves. Dawn Breedon reveals lessons for us all through her personal experiences. Her honesty in allowing us to walk with her through her trials is inspirational. When I read her book I could not put it down. I have shared her book with family and friends who also rave about her honesty and her strength. Dawn is a rare, beautiful, strong and honest woman who has not allowed her experiences to pull her down and has shown her strength in spite of . Dawn is and always will be an inspiration to me. I am proud to be her friend. Remember to breathe is such an example of how STIGMA kills and how STIGMA gave Dawn the power to survive and achieve success

Captivating - thank you for sharing your story Dawn Breedon
I was captivated by your experiences, listening to you through your words and hearing your voice on the pages of this book - than made it so real for me. And Listening to your voice of reason and advice today, filled with words of wisdom, generated by your experiences, compassion, faith and the will to excel are fuel for inspiration and motivation for me. Thank you.

This book literally kept me up ALL night as I couldn't put it down ... I read the entire thing as I didn't want to miss a thing!! I cried reading this book... What an inspirational book !!! Great book I was

truly taken aback by her courage and strength !!!

Dawn Breedon has courageously shared a story that I wish every woman would read. She is an inspiration and her story has touched the lives of so many. This is a book I share with many of my clients. The book has helped them to come to grips with their own life struggles and are left feeling empowered.

Dawn Breedon tells her story with so much passion and truth and I am proud to call her a friend. Her story is a heart-stoppingly and powerful....a must read.

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